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Spiritual-Healing through meditation and prayer: Self-Healingsatsangs with Pablo

Acompañamiento de Sanación-Espiritual con

Pablo

Sanación espontánea mediante meditación y bendición.

“Spontaneous-Healing” means healing, which occurs by „I tself“: here, “Self” is meant in a spiritual sense, not in a psychological one! This „Self-happening-healing” is a Self-monitored process. It doesn't mean instantaneous-happening but “Self-driven”: nothing is said about how long time it takes for his completion –for the disappearance of an illness or problem. For a stable healing, in which the problem (sickness) doesn't come any more, is the disposition of the healing-seeker decisive to take many healingsessions in a short time and o perform giving spiritual exercises, which can be transmitted only individually in single-sessions. These exercises are a kind of prayer which produces a transformation of the personality toward a one of deep harmony, in resonance with cosmic-forces, which in turn leads to a state of satisfaction and of an absolute feeling of Love and Happiness. This produces immunity against illnesses-triggers and the own negative Karma. –Pablo explains.

www.spontaneoushealing.info

There exists a state of consciousness, in which a person doesn't experience himself as an individual human person but as the whole cosmos. This state can be reachable by any person through meditation.

Once a person is able to come into this state, a healing-consciousness-field“ is produced around him, which makes it

possible for others to contact his true Self. This „Self“ is your true nature, the Essence of each individual: It is nothing else than the Divinity expressing Itself in a particular way for you: dwelling in deepest silence, beyond body and mind, beyond space and time, in the realm of pure consciousness.

The spontaneous alleviating of sickness, which thereby happens, is only a side-effect, a by-product of communication and communion with the Divine-Love.

- explains Pablo.

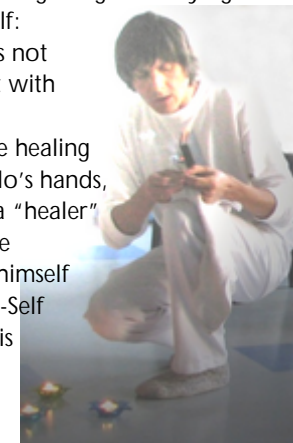
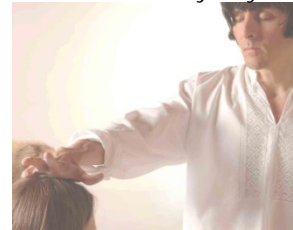
www.spontanheilung.info

Self-HealingSatsang means getting and staying in touch with your true self:

The DivineLove. It does not mean getting in contact with Pablo as a person.

While people realise the healing grace coming from Pablo's hands, he doesn't call himself a “healer” nor does he claim to be “enlightened” but sees himself as a servant of the True-Self - a servant of God in His own expression taking place in You.

Functioning as such, Pablo avoids all human interaction and concentrates on the Divine only. It is his task to accompany people on their path to making contact with their True Self, in the silence of the Healingsatsang. Alleviating sickness is of secondary importance, a by-product of communication and communion with DivineLove.



Selfhealing-Satsang with Pablo

Participation's reservation and more information:

SMS to mobil: +49-170-4936499.

Email: Pablo@betterworld.eu

Please don't come with perfume nor scented deodorants or hair spray and switch any cellular phones off.

Wer das höchste Glück spontan erfährt, den Kontakt mit der Göttlichenliebe nämlich, wird erschüttert. In ihn strömt ein Licht wie warme Muttermilch in ein Baby, und es hat den Geschmack von Geborgenheit, Frieden und Liebe. Und die Tränen rinnen, verströmen sich wie ein Wasserfall aus den Augen, der Körper vibriert in einer Eruption, die nicht in diesem Leibkörper zu lokalisieren ist, der sein ganzes Wesen erschüttert.

Wie die Eierschale bei der Geburt des Kükens bricht dieses Licht die Egohülle, die Persönlichkeit dieses glücklichen Menschen, der in dieser Geburt beginnt zu transzendieren (überschreiten), das lediglich Mensch-zu-sein. Zwar hat es weiter so den Anschein, denn er lebt weiter auf der Erde, aber jetzt ist er mit seinem Bewußtsein im „Himmel“ verankert. Es enthüllt sich ihm die Bedeutung der Taufe – die er gerade in diesem Kontakt erfährt.

Ab diesem Moment interessiert ihn nichts anderes mehr als diese Göttlichenliebe. Er lebt nicht mehr als ein normaler Mensch (eifrig handelnd und vom Menschlichen getrieben auf der menschlichen Ebene), sondern er beginnt wie ein Mönch zu leben (im Gebet, von der Göttlichenliebe getrieben, im Bewußtsein aus der menschlichen Ebene hinaus zum Göttlichen hin). Seine Handlungen, sein Leben, sind nicht vulgär zu interpretieren. Denn er folgt nicht mehr egoistischen Zielen. Ihn interessiert nichts mehr als in Kontakt mit der Göttlichenliebe zu kommen und darin zu verweilen und sie anderen Menschen zugänglich zu machen. Er entwickelt dabei ein Heilungsbewußtsein. Und er bezweckt nicht einmal Heilung (wie das bei Geistheilern üblich ist). Es ist sein Bewußtsein, ausgedehnt wie ins Göttliche, was heilend wirkt.

In dieses Bewußtseinsfeld einzusteigen und sich von dieser Göttlichenliebe durchströmen zu lassen... das ist es, was Spontanheilung bewirkt. –Pablo's words.

Born in Argentina in 1961, Pablo Andrés Ph.D.,

is a mountain climber, an author and a physicist. Scientist research assignments led him to Germany, Italy, India, Argentina and the USA.

After suffering from frostbitten hands following a climbing accident, Pablo experienced the Healing-Grace on his hands.

He then decided to interrupt his scientific career in order to be free and accompany people in their spiritual healing processes.

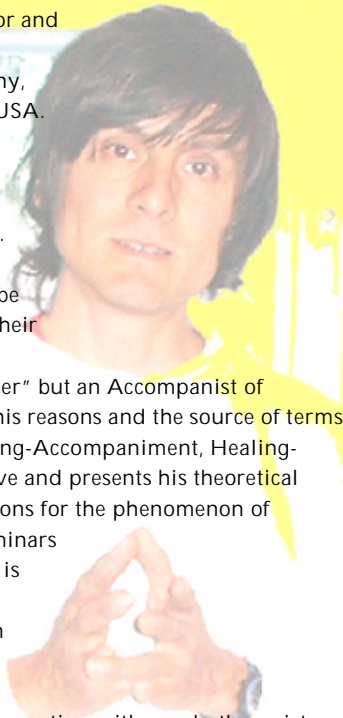
He does not call himself a "healer" but an Accompanist of Spiritual Healing. He explains his reasons and the source of terms like Spirituality, Spiritual-Healing-Accompaniment, Healing-Consciousness, Prayer, Divinlove and presents his theoretical spiritual and physical explanations for the phenomenon of Spontaneous-Healing in his seminars and books. His healing-method is based on the development of a Healing-Consciousness through meditation and prayer, not on religion and belief.

He puts much emphasis on co-operating with psychotherapists, physicians, healers and scientists. www.pabloandres.eu

What is a Self-Healingsatsang?

Pablo: Through prayer and meditation I get into a state of consciousness of pure inner contemplation of divinity. In this state I am entirely focussed on God, in my particular inner vision of Him as Healing-Light. It is an extension of profound peace and love, a feeling of silence and comfort. The light flows from above into my Sahasrara-Chakra through my arms and hands to those who seek healing. This light spreads with the taste of Divinelove. In this state I am completely absent as a (human) person and I allow my body to be guided by this Light.

This is a kind of prayer without words, without thoughts, without religion but with a deep feeling of devotion for this flowing (spiritual not physical) Light. Through this Light, healing happens completely by Itself, therefore I call It "*Healing-Light*": Diseases and pains are alleviated and may vanish altogether if healing sessions are continued. It is an act of complete devotion to This Healinglight, which carries the "taste" of Divinelove. Nevertheless, it should be mentioned that lasting healing requires a series of several healing sessions (Self-Healingsatsangs) at regular intervals.



Does it make sense to attend sessions even if I'm not ill?
Pablo: Of course yes! Everybody may benefit from a healing session, even those who are healthy. (And who can say that they are completely healthy or devoid of negative karma?) The experience of spiritual healing touches those most profoundly who have spiritual maturity and Divine Inspiration to accompany others by prayer for the purpose of healing. The Healing-Light can flow through them unimpeded, working to avoid diseases (disease is healed "in advance": before it manifests itself on the level of the physical body) and help the person in his or her holistic development.

-What is SpiritualHealingAccompaniment?

Pablo: Whenever we talk about "healing" we usually think of diseases first. If someone falls ill, he or she usually consults a physician, who "treats" the disease. The goal is to make the disease or its symptoms disappear on the physical level. Similarly a psychotherapist works with the discord in the mind. Both treatments share the focus on the "discord". This is what Pablo calls curing instead of healing, because it often leaves the spiritual aspect and the real cause of the disease unattended. Healing begins when we place our focus on the spiritual dimension of the human.

Pablo realises that true healing means spiritual healing, that healing cannot be understood without the term spirituality because healing is a spiritual process.

Diseases, psychological disorders or strokes of fate and life crises indicate that we have fallen out of cosmic harmony. Healing means restoring this harmony, the breaking of which has caused the disease. That is to say, the focus is put not on the problem or the disease by analysing or fighting against it as is done in curing, but on the very cosmic harmony which has been disturbed. As theoretical physicists understand and express the appearance of an elementary particle in mathematical language as a process of "symmetry breaking", Pablo understands the appearance of a disease as the result of a cosmic "harmony breaking". In a healing session the seeker experiences an expansion of consciousness and she or he realises herself or himself as being in tune with the universal harmony and as part and expression of the all-encompassing Divine-Love. Thus the seeker gets in touch with his or her inner true self (God). As a result ("side-effect") diseases vanish seemingly all by themselves.

There is of course always a sort of energy transmission in a healing session, yet what is much more important is the transmission of information: in tune with the cosmic harmony of love. This is what mystics call "the blessing of God". Spontaneous healing means healing directed by the self and it usually does not happen as an instantly completed process. Lasting healing with all discord eliminated requires the willingness of the seeker to practise particular spiritual exercises.

Excerpt from Connect —Forum für Schöpferische Lebensgestaltung", a Magazine of the Buch & Co, bookstore at Göttingen, Germany).

Theoretical physics and spiritual healing – seems incompatible, doesn't it. But Pablo Andrés – Ph.D. – is both, a physicist and a Healing-Accompanist. He talks of "miraculous-healings", healings based on spiritual power that most people would consider impossible. He describes his development and does not leave out the crises on the way to what he calls Healing-Grace. Completely devoid of any guru-like attitude Pablo Andrés explains the way he works: In the course of the setting – in essence – the person seeking help gets in contact with his or her divine self. If things work out well, ill health improves, first psychologically and later physically. Any healing always happens through the person herself or himself. It is made possible through the Healing-Accompanist getting into deep contemplation and realising the person's divinity.

This may sound abstract, but plenty of examples and reports make for vivid reading. There are examples of spectacular physical healing and moving descriptions of experiences of closeness to God during or after sessions. Pablo describes his experiences with such natural confidence and absolutely free of any arrogance that you just can't dismiss them even if they do not fit in with your personal world view. Having read this book, some may find conceivable what is usually considered illusion or even humbug. Others may read the book as a confirmation of the ancient mystic teachings of the divine nature of existence.. Silke Mensching

*relating the book (original in German): Jan Erik Sigdell im Gespräch mit Pablo Andrés: „Was ist spirituelle Heilungsbegleitung? – Ein Physiker setzt sich für die Anerkennung des geistigen Heilens ein“. Hans-Nietsch-Verlag, Freiburg, Germany.